

Modulation of Mouse Spleen Natural Killer (NK) Cell Activity by Beta-Interferon, Interleukin-1, and Prostaglandins

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ABSTRACT

By using CBA/J mice as a source of effector cells and Yac-1 lymphoma line as "target" cells, the natural killer (NK) cell activity was assayed following both *in vivo* and *in vitro* immunomodulation [beta-interferon (IF), interleukin-1 (IL-1), indomethacin (IND), prostaglandin-E₂ (PGE)].

Only IF/IND and IL-1/IND mixed *in vivo* led to a significant augmentation of NK cell activity. If exposed *in vitro* to IF or to IL-1, control group-derived spleen NK cells exhibited increased cytotoxic activity whereas PGE-exposure only was followed by a lower cytotoxic level as expressed both in % cytotoxicity curves and in lytic units 20%/10⁷ effector cells.

On the other hand, PGE seemed to activate the "nonspecific suppressor" (NSS) cell subset in its inhibitory effect about NK cells as tested *in vitro* in several NK/NSS cell mixtures at different ratios. IF, but not IL-1 diminished the NSS-cell-induced suppressive activity. Pre-exposure of NK/NSS cell mixtures to IF followed by PGE exposure, did not prevent PGE-dependent NSS cell activation.

Interferons, especially beta or alpha moieties, stimulate natural killer (NK) cell activity (1-7). Although not as firmly established, some data suggest that

interleukin-1 monokine as well as interleukin-2 lymphokine are also able to stimulate NK cell cytotoxicity (8-13). On the other hand, *in vitro* experiments carried out with several E prostaglandin preparations as well as *in vivo* in conjunction with some prostaglandin inhibitory drugs, exhibit a prostaglandin-dependent diminution of NK cell activity (14). However, there is little information about synergistic or antagonistic effects exerted by different immunomodulating agents (i.e., macrophage or lymphocyte-derived prostaglandins) on natural cytotoxicity as tested in humans or in experimental animals (1,4,7,12,15).

In this context we examined the influence of several *in vivo* immunomodulating treatments (beta-interferon, interleukin-1, and indomethacin respectively) on mouse spleen NK cell activity; the behavior of several cytotoxic levels after *in vitro* exposure of mouse spleen NK cells to beta-interferon, interleukin-1, or E₂-prostaglandin, and the exchanges in nonspecific suppressor (NSS)/NK cell balance related to several *in vitro* stimulating or inhibiting immunomodulation procedures.

MATERIALS AND METHODS

Animals

CBA/J "inbred" mice (Cantacuzino Institute, Bucharest, Rumania), 40 or 10

days old were used respectively.

Immunomodulators

Beta-interferon (IF). Murine embryo cell line *Swiss-12* (16) was infected with vaccinia virus (standard preparation L₅₄₆/78, Cantacuzino Institute, Bucharest, Rumania), at a rate of 20 CPD₅₀/cm² of culture area. Cultures were grown in Falcon Petri dishes, in the presence of Eagle's MEM medium supplemented with 10% calf serum (Gibco). Following virus inoculation, each culture was incubated for 96 hrs at 37°C in the same medium without serum. All supernates were collected, dialyzed against glycol/HCl buffer (0.1M, pH 2.2) for 24 hrs at 4°C, redialyzed twice against phosphate buffer saline-PBS (0.07M, pH 7.2) each for 24 hrs at 4°C. The samples were subsequently centrifuged at 250g for 10 min (Janetzki K₇₀), pellets discarded, and supernates harvested, collected, and considered as non-purified interferon preparations. In order to obtain semi-purified specimens, affinity chromatography by means of Concanavalin A/Sepharose B columns (Pharmacia, Uppsala, Sweden) was effectuated (according to Wietzerbin et al., 1979 (17)). Titration of IF antiviral activity was made in the same cell substratum in the presence of logarithmic dilutions of vaccinia virus (IF titer expressed in inhibitory units/mg of protein). In further experiments only IF preparations exhibiting at least 5 x 10⁷ inhibitory units (IU)/mg of protein were used.

Interleukin-1 (IL-1). Non-purified IL-1 specimens were obtained in mouse spleen macrophage cultures, prepared from spleen total cells suspended in Eagle's MEM supplemented with 10% calf serum (Gibco) and plated in Falcon dishes at 37°C for 30 min (18). Adherent cells were thereafter cultured in the same medium but without serum for 48 hrs at 37°C in the presence of *E. coli* O₁₁₁B₄-derived lipopolysaccharide (LPS) (Sigma Chemical Co., St. Louis, Missouri, USA), 0.07mg/cm² of culture area (19). When the incubation time was

over, supernates were collected and concentrated 10x by means of polyvinylpyrrolidone (Sigma Chemical Co., St. Louis, Missouri, USA), molecular weight 40,000. Purified IL-1 was obtained by Sephadex G₅₀ chromatography (165 x 5.6cm column at 4°C in 0.9% NaCl, pH 5.6 to 5.9; collection of the 15,000 dalton molecular weight peak; dialysis against distilled water) (8). Purified IL-1 specimens were titrated as regard their stimulating activities by means of thymocyte proliferation assay (19). All titres were expressed in units 50% (U₅₀): 1U₅₀ = reciprocal of IL-1 dilution that produced half of the maximum response to phytohemagglutinin-M in thymocyte cultures, stimulated and treated with ³H-thymidine. In further experiments, an IL-1 preparation with a specific activity of 1 x 10⁷ U₅₀/mg of protein was used.

Prostaglandin-E (PGE). A standard preparation of prostaglandin-E₂-dried powder from *Plexaura homomalla* coral (Sigma Chemical Co., St. Louis, Missouri, USA) was tested (work solutions: 5,000 and 1,000 nM/ml of PBS, respectively).

Prostaglandin-inhibitor. A commercial preparation of indomethacin (IND) pulvis (Sigma Chemical Co., St. Louis, Missouri, USA) was used. The substance was dissolved in PBS so as to obtain a work solution of 250 and 125µg/ml, respectively.

NK cell assays

Obtaining of mouse spleen NK cells. Total spleen cells, obtained by teasing, resuspended in Eagle's MEM supplemented with 10% calf serum (Gibco), filtered by gauze and centrifuged by density gradient with Percoll (Pharmacia, Uppsala, Sweden), at different concentrations in Eagle's MEM + 10% calf serum--starting with 56.6% (v/v) Percoll and grading by 4.5% concentration diminutions to 38.6% Percoll at the top--were layered into a 20ml round-bottomed glass tube (1 x 10⁶ cells/1ml layered on the top; centrifugation at 300g for 45 min at 20°C; collection of each cell fraction

Table 1
Cytotoxic Activity of Several Mouse Spleen Cell Fractions

Cell fraction	% of cells recovered	NK cell cytotoxic activity (lytic units 20%/10 ⁷ recovered effector cells)
Total spleen cells input	100.0	16
F - 0	7.6	68
F - 1	15.4	228
F - 2	26.8	75
F - 3	37.0	2
F - 4	12.5	<0.80
F - 5	0.7	-

and washing twice with fresh medium) (20). All fractions (from F-0 to F-6) were tested as concerns their cytotoxic activities in 4-hr cytotoxic assay (see *Cytotoxic activity* below). The maximum of activity was obtained in F-1 fraction (Table 1). Subsequently, the following controls for mouse NK cells into the F-1 cell fractions were performed (21): amount of Ig⁺ immunoglobulin-bearing cells; % cytotoxicity, following incubation for 30 min in the presence of D-mannose (Serva, Praha), 1% solution in PBS, or in the presence of trypsin (Difco Labs, Detroit, Michigan, USA), 0.125% in Tris buffer 0.025 M pH 7.6 at 37°C respectively, at a rate of 100:1 effector/"target" cell ratio. F-1 spleen cells were Ig⁺ only in 0-5% (confidence interval 95% for n=250) and sensitive to D-mannose and trypsin *in vitro* treatment (% cytotoxicity 21.50 ± 12.40 and 37.00 ± 5.29 respectively, as compared to F-1 control cells: 81.50 ± 2.64) ("positive" markers for murine spleen NK cells).

"Target" cells. Yac-1 cell line (Maloney virus-induced lymphoma of A/Sn origin) was used (22).

Cytotoxicity assay. "Target" cells (1 x 10⁷ cells/0.2ml) derived from cultures in exponential growth phase were incubated with 200μCi of Na⁵¹CrO₄ (Amersham Corp., Arlington Heights, Illinois, USA) for 1 hr at 37°C. The labeled cells were thoroughly washed and adjusted to

a final amount of 1 x 10⁵ cells/ml of Eagle's MEM. Portions of different specimens of effector cells (0.1ml) were added to 1 x 10⁴/0.1ml radiolabeled Yac-1 cells in round-bottomed microtiter plates (Lindbro Chemical Co., Hamden, Connecticut, USA), at different effector/"target" (E/T) ratios, i.e., 100:1, 50:1, 25:1, and 12.5:1 respectively. All plates were centrifuged at 100 g for 3 min and incubated for 4 hrs at 37°C in a humidified incubator with 5% CO₂. Culture supernates were harvested and radiometrically measured in a Packard Tri-Carb gamma counter. The data were presented in three ways as follows:

1) % cytotoxicity (mean ± S.D.), scored by the formula:

$$\frac{\text{experimental cpm} - \text{spontaneous cpm}}{\text{maximal cpm} - \text{spontaneous cpm}} \times 100$$

according to Riccardi et al, 1983 (22).

2) "Positive" cultures (mean for 96-wells scored): as "positive" were considered only cultures exceeding the mean background value ("target" cells only) by at least 3 standard deviations (S.D.) (according to Wei-Feng, 1982 (23)).

3) Lytic units 20%/10⁷ effector cells scored from linear parts of the cytotoxic curves at different E/T ratios (24).

4) "In vivo" immunomodulating schedules. Six 40-day-old mouse groups (10 mice per group) were used, "in vivo" treated with several schedules as follows: C-group (control): PBS, 0.2ml/mouse/in-

Table 2
Cytotoxicity Levels in Spleen NK Cells
Arising from Several Mouse Groups *In Vivo*

E/T Ratio	Cytotoxicity % (mean \pm S.D., n=4)					
	C	IF	IL-1	IND	IF/ IND*	IL-1/ IND**
100:1	61.75 \pm 2.36	60.50 \pm 4.20	59.50 \pm 4.20	60.50 \pm 5.80	77.50 \pm 3.69	75.75 \pm 4.35
50:1	51.25 \pm 2.29	50.00 \pm 6.05	50.75 \pm 6.60	50.25 \pm 7.93	74.50 \pm 10.00	53.50 \pm 5.51
25:1	45.00 \pm 4.76	42.25 \pm 5.56	39.75 \pm 8.80	42.50 \pm 10.85	61.25 \pm 2.99	44.00 \pm 5.89
12.5:1	35.25 \pm 4.11	34.50 \pm 5.97	34.00 \pm 9.20	33.75 \pm 7.50	41.25 \pm 5.68	34.50 \pm 5.26

*Spontaneous release ("target" cells only): 2.25 ± 0.96

**Significant differences in the test "t" (Student):

-between IF/IND and C groups: $p < 0.02$ at 100:1 E/T ratio
 $p < 0.05$ at 50:1 E/T ratio
 $p < 0.05$ at 25:1 E/T ratio

-between IF/IL-1 and C groups: $p < 0.05$ at 100:1 E/T ratio

jection by intraperitoneal route twice a week for 3 weeks (6 injections); *IF-group*: Beta-interferon, 1×10^5 I.U./0.2ml/mouse/injection, under the same conditions as in C-group; *IL-1-group*: interleukin-1, 2×10^2 U₅₀/0.2ml/injection, under the same conditions as in C-group; *IND-group*: Indomethacin, $25\mu\text{g}/0.2\text{ml}/\text{mouse}/\text{injection}$ under the same conditions as in C-group; *IF/IND-group*: a mixture of beta-interferon and indomethacin (final concentration: 1×10^5 I.U. and $25\mu\text{g}$, respectively/0.2ml/mouse/injection, under the same conditions as in C-group; *IL-1/IND-group*: a mixture of interleukin-1 and indomethacin (final concentration: 2×10^2 U₅₀ and $25\mu\text{g}$, respectively/0.2ml/mouse/injection, under the same conditions as in C-group. Three weeks after beginning of experiments, the cytotoxic activities of several NK cell specimens were tested, by means of the 4-hrs cytotoxicity assay (see above, "cytotoxicity assay").

5) *In vitro immunomodulating schedules*. C-group derived NK cells ($1 \times 10^7/\text{ml}$) were divided into four portions.

Each portion was centrifuged for 5 min at 150 g, pellets resuspended to the initial volume in several solutions as follows: Eagle's MEM (*control*); *IF* (10 I.U./effector cell); *IL-1* (2 U₅₀/effector cell); *PGE* (1×10^{-4} nM/effector cell). Each sample was incubated for 3 hrs at 37°C , then washed, resuspended in fresh medium, and adjusted to the optimal amounts as to obtain several E/T ratios in the 4-hrs cytotoxicity assay.

6) *NK/NSS relationships as tested following several immunomodulating procedures in vitro*. a. *Obtaining of NSS cells*. Nylon-adherent spleen cells belonging to 10-day-old CBA/J mice, adjusted finally to 1×10^9 cells/ml of Eagle's MEM as NSS cells were considered, according to other data (1,25). b. *Experiment*. Several NSS/NK cell mixtures from 20:1 to 1:1 ratios, as well as NK or NSS cells alone at the same amount were made, each of them being then incubated in the presence of different immunomodulators as follows: *medium alone (control)*; *IF* (0.5 I.U./NSS cell); *IL-1* (0.1 U₅₀/NSS cell); *PGE* (2.5×10^{-5} nM/NSS cell). All

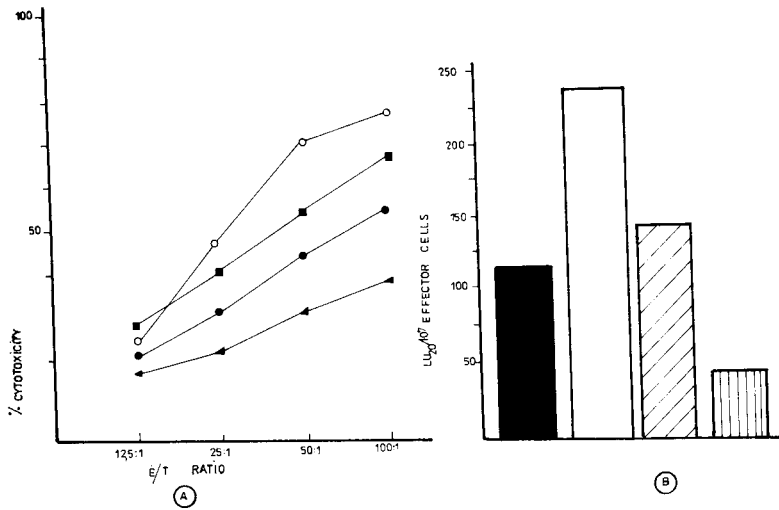


Fig. 1. NK cell activity following *in vitro* exposure to several immunomodulators. (A) % cytotoxicity (mean of "positive" cultures from 96 wells containing similar samples). Solid circles--control; open circles--IF; solid squares--IL-1; solid triangles--PGE. (B) Lytic units $20\%/10^7$ effector cells LU_{20} . Solid bar--control; open bar--IF; angled hatched bar--IL-1; vertical hatched bar--PGE.

samples were incubated for 3 hrs at 37°C before tested as to their cytotoxicity in the presence of "target" cells. In addition, a "pre-IF" sample was made, consisting of NSS/NK cell mixtures pre-incubated with IF (0.5 I.U./NSS cell) for 1 hr, washed twice and incubated with PGE (2.5×10^{-5} nM/NSS cell) for 3 hrs at 37°C . All results were expressed in % cytotoxicity (mean \pm S.D.) for 10 similar samples, respectively. Mean of all S.D. values \pm S.D. exhibited a limited range of 5.82 ± 2.21 whereas background values did not exceed 1% (0.98 ± 0.59).

RESULTS

NK cell cytotoxic levels following *in vitro* administration of several immunomodulating agents

As seen in Table 2, IF-, IL-1, and IND treatment alone did not alter the cytotoxic curves at any E/T ratio as compared to the controls. Mixed IF/IND administration *in vivo* led to an increase of NK cell activity at 100:1, 50:1, and 25:1 E/T ratios ($p < 0.02$,

$p < 0.05$, and $p < 0.05$ respectively). Mixed IL-1/IND treatment of mice exhibited an augmentation of the natural cytotoxicity only at the highest E/T ratio ($p < 0.05$).

NK cell cytotoxic patterns following *in vitro* incubation of the effector cells with several immunomodulators

When expressed as % cytotoxicity (Fig. 1A), the data suggest that at least at 100:1 and 50:1 E/T ratios IF or IL-1 *in vitro* exposure of the effector cells were followed by increased target" cell lysis. At the same E/T ratio, PGE depressed the rate of isotope release. Presentation of synthetic data related to this kind of experiment *in vitro* by scoring the lytic units $20\%/10^7$ effector cells (Fig. 1B) show that IL-1 and especially IF-pre-exposure of NK cells *in vitro* augmented their lytic abilities (increase with about 50% of LU_{20} values in IL-1 sample and with more than 200% in IF sample, respectively). On the other hand, PGE depressed strongly the NK cell activity (LU_{20} values with 27% less as compared to the control).

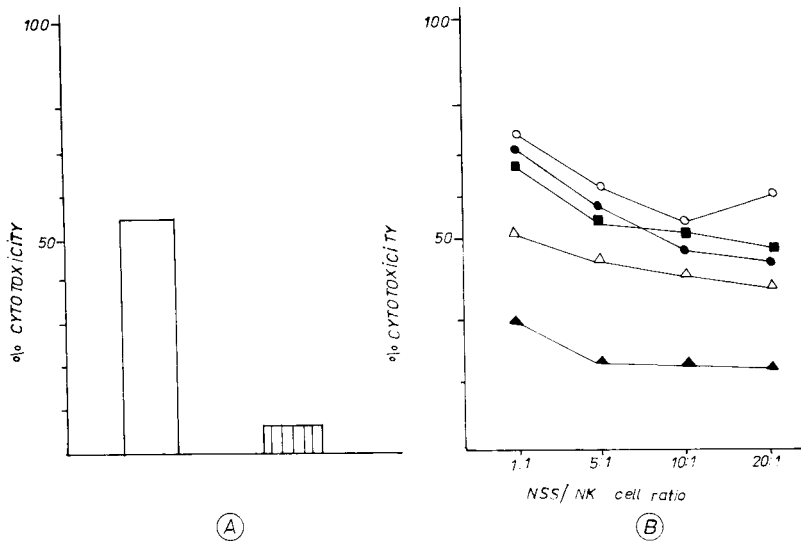


Fig. 2. Suppressive effects exerted by NSS cells on NK cell cytotoxic levels related to several *in vitro* exposures to different immunomodulating agents. (A) Controls: open bar--NK cells; hatched bar--NSS cells. (B) NSS/NK cell mixtures at different ratios: solid circles--control--NSS/NK; open circles--IF; solid squares--IL-1; solid triangles--PGE; open triangles--pre-IF/PGE.

Influence of beta-interferon, interleukin-1, and prostaglandins on the inhibitory relation NSS/NK cells in vitro (Fig. 2)

A gradual decrease of the cytotoxic level in control NSS/NK cell mixtures occurred, related to augmentation of the NSS/effector cell ratio. Only NSS cells failed to exhibit significant cytotoxicity in the presence of labeled "target" cells. IL-1 seems not to influence NSS/NK balance behavior under our experimental conditions. In exchange, a noteworthy preventing effect exerted by *in vitro* IF exposure on NSS cell-dependent depression was noticed at a ratio of 20:1 NSS/NK cells ($p < 0.05$). A marked increase of the NSS cell suppressive effect occurred in the presence of PGE, at all NSS/NK cell ratios, as compared to the control mixtures. Pre-exposure to IF, followed by PGE incubation of NSS/effector cells did not prevent to a significant extent the PGE-induced NSS cell activation at all NSS/NK cell ratios.

DISCUSSION

It is generally accepted that anti-tumor activity of all interferons is due primarily to augmentation of the NK cell function as confirmed both by *in vivo* and *in vitro* experiments (1-7). However, some clinical trials do not find a relation between impaired interferon production and NK cell activity (4,15). Our data do not suggest a significant potentiation of the NK cell lytic ability related to *in vivo* beta-interferon administration, but such an effect is detected with mixed inoculation of interferon and the prostaglandin-inhibitor. These findings agree with other information demonstrating an inverse relationship between interferons and E-series prostaglandins in NK cell modulation (26). The *in vitro* exposure of control-group-derived NK cells to beta-interferon is followed by a significant increase of their cytotoxic abilities as revealed at 100:1, 50:1, and 25:1 E/T ratios, both when analyzed by cytotoxic

curves % and by lytic units $20\%/10^7$ of effector cells scored.

In regard to stimulation exerted by several interleukins on NK cell activity, the data are more discordant. Some workers note stimulation of natural cytotoxicity depending on T-cell growth factor (interleukin-2) (9,27) whereas others are not in agreement (7,10,11). Thus, with macrophage-derived soluble factors (e.g., interleukin-1) their adjuvanticity regarding several *in vivo* immune functions, including NK cell-mediated lysis, has been recognized in spite of other data suggesting that interleukin-like monokines suppress NK cell cytotoxicity under other special experimental conditions (8,12,13). On the other hand, there are other reports that confirm special interference between interferon and interleukin-dependent NK cell potentiation (6,7). Our experiments, carried out in mice, treated *in vivo* with interleukin-1 show a slight stimulation of natural cytotoxicity but only when a supplementary administration of indomethacin was applied at the highest E/T ratio. On the other hand, *in vitro* exposure to IL-1 of control-group-derived NK cells is followed also by a slight increase of the NK cell lysis level at the highest E/T ratios.

Prostaglandins, particularly those arising from the E-series, have consistently exerted a strong inhibition of NK cell anti-tumoral effects, that is supported both by *in vitro* exposure of NK cells to standard preparations of prostaglandins, and following *in vivo* administration of several prostaglandin inhibitors (14,26). Our data also support a significant NK cell depressing effect exerted by a standard E_2 -prostaglandin preparation *in vitro*, but no stimulation following *in vivo* indomethacin inoculation. Nevertheless, if a mixed IF/IND, or IL-1/IND treatment *in vivo* is applied, a "cumulative" augmentation of the natural cytotoxicity occurs, reflecting a probable association between some IF- or IL-1-dependent stimulating effects and a decrease in systemic prostaglandin. This observation may be taken together with

other findings calling attention to potential antagonism between prostaglandins and interferons as well as between prostaglandins and interleukins (26,27).

By means of experimental procedures using suckling mice-derived "non-specific suppressor" cells *in vitro* mixed with control-group-derived NK cells and subsequently exposed to several immunomodulators, an evident increase of the NSS inhibiting activity in the presence of E_2 -prostaglandin was noticed. On the other hand, interferon but not interleukin-1-*in vitro* treatment of NSS/NK cell mixtures was followed by diminution of NSS cell-induced NK cell inhibition only with the highest NSS/NK cell ratios. It is also noteworthy that pre-exposure to beta-interferon of NSS/effector cell mixtures did not prevent the prostaglandin-induced NSS cell activation. These data relate and supplement other findings describing the special significance given nowadays to the "suppressor/effector" cell balance in NK cell modulation (1,25).

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