## Social Media: Who to Follow?

Go on Instagram and follow these accounts to keep up to date on the Indigenous Outdoors and Health and Wellness scenes!



Natives Outdoors @nativesoutdoors

> Hozho Total Wellness @hozho total wellness





Well for Culture
@wellforculture

## Native Womens Wilderness @nativewomenswilderness

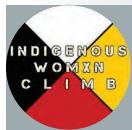




Indigenous Women Hike @indigenouswomenhike

> Red Earth Running Co. @redearthrunco





Indigenous Womxn Climb @indigenouswomxnclimb

26